

**GLEN ROCK HIGH SCHOOL**  
**Guidance Department**



**PARENT BRAG SHEET**

My goal, as your child's counselor, is to present him/her in the best possible light to all institutions to which he/she may apply. It is also my goal to make sure that colleges understand any hardship or challenges that may have affected your child during his/her high school years. The information acquired from this "Brag Sheet" will give me an opportunity to learn about your son/daughter from a perspective that only you have, and will be useful to me as I prepare to write my letter of recommendation.

Student Name: \_\_\_\_\_

**Please submit this completed Brag Sheet *before* the start of final examinations in June.**

Type the answers to each of the following questions *on a separate sheet of paper*. Feel free to use additional paper if needed, and to add any additional information, which you feel will be helpful to me in presenting your son/daughter. **If there is anything of a personal nature that you do not want me to include in my letter, please make that known to me.** Thank you for your help.

1. What do you consider the outstanding accomplishments of your child during the past three or four years? Why did you select these as most important?
2. In what areas has your child shown the most development and growth during the past three or four years?
3. What do you consider his/her outstanding personality traits?
4. If you had to describe your son/daughter in five adjectives, what would they be?
5. Please share any unusual or personal circumstances, or challenges that have affected your child's educational or personal experiences.
6. Please provide any additional comments/information.