



GLEN ROCK HIGH SCHOOL and MIDDLE SCHOOL

WRITTEN CLEARANCE/RETURN TO PLAY FORM FOR CONCUSSED ATHLETES

ATHLETE NAME \_\_\_\_\_ DOB (AGE): \_\_\_\_\_(\_\_\_\_)
SCHOOL: \_\_\_\_\_ SPORT: \_\_\_\_\_

INJURY HISTORY

MECHANISM OF INJURY \_\_\_\_\_

DATE OF INJURY \_\_\_\_\_ TIME OF ACTUAL INJURY \_\_\_\_\_

TIME REMOVED FROM PLAY: \_\_\_\_\_ TIME OF EVALUATION \_\_\_\_\_

WHO REMOVED ATHLETE FROM PLAY \_\_\_\_\_ CREDS: \_\_\_\_\_

SIDELINE EVALUATION PERFORMED BY \_\_\_\_\_ CREDS: \_\_\_\_\_

SYMPTOMS NOTED DURING SIDELINE EVALUATION

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

NJSIAA CONCUSSION MANAGEMENT GUIDELNES

A student-athlete who participates in an interscholastic sports program and who sustains or is suspected of having sustained a concussion or other head injury while engaged in a sports competition or practice shall be immediately removed from activity. A student-athlete who is removed from competition or practice shall not participate in further sports activity until he/she is evaluated by a physician who is trained in the evaluation and management of concussions, and receives written clearance from a physician trained in the evaluation and management of concussions to return activity.

PHYSICIAN'S EVALUATION FINDINGS

DATE OF EVALUATION \_\_\_\_\_ TIME OF EVALUATION \_\_\_\_\_

CT SCAN (Circle One): NOT NEEDED NEGATIVE POSITIVE

DIAGNOSIS OF CONCUSSION (Initial One):

\_\_\_\_\_ ABSENT: On this day, the \_\_\_\_\_ of \_\_\_\_\_, 20\_\_\_\_, I hereby authorize the above-named student to return to play and participate in competition without restrictions.

\_\_\_\_\_ PRESENT: The above-named student has sustained a concussion and should not return to participation in athletics until all NJSIAA and School District Return-To-Play criteria have been met.

By signing below, I hereby certify that I have received training in the evaluation and management of concussions. (N.J.S.A. 18A:40-41, 4)

PHYSICIAN SIGNATURE \_\_\_\_\_ M.D. D.O. (Circle one)
PHYSICIAN PRINTED NAME \_\_\_\_\_ DATE \_\_\_\_\_

OFFICE ADDRESS OF PHYSICIAN: \_\_\_\_\_
\_\_\_\_\_  
\_\_\_\_\_

TELEPHONE \_\_\_\_\_

